



# 2009 T-Ball and Coach Pitch Guidelines

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The focus of Tee Ball or Coach Pitch is to have fun and develop fundamental skills such as hitting, throwing, fielding, and running. Positive experiences in both areas are helpful in encouraging continued participation in baseball.

Include all players to the greatest degree possible. Allow all players to share more “active” positions as long as safety can be assured. Always encourage safe play and habits. Don’t allow players to swing the bat if it’s not their turn.

Hit off the tee to the degree needed by your players. For the first two games of the season, all players shall hit off the tee to allow players to gain confidence, avoid discouragement, and prevent numerous swings and misses (and long innings).

**Coaches are encouraged to ask for assistance from parents of team members.**

## **General Rules**

1. No scores are kept.
2. No balls or strikes are counted.
3. There are no outs. Allow all players to advance to first in order to learn base running skills
4. Everyone bats in every inning; players must observe basic bat safety at all times.
5. Runners advance one base per hit with no advancement for errors.
6. After the last batter of an inning hits, all runners advance to home plate.
7. If a hit goes past the out fielders in the air, the hit will be considered a double.
8. If a ball is hit over the outfield fence the batter will given a home run. (Only on field 2)
9. Players are not allowed to be catcher or to pitch.
10. Games are no longer than 1 hour.
11. Coaches/parents may be used at bat, in the field and at all bases as necessary. There is no limit to the number of adults on the field.
12. For players not using the tee, there is a 5-pitch limit, after which a tee must be used.
13. All bats and balls must be marked T-Ball.
14. Foul balls will include balls hit within a three-foot curve of the tee/home plate. Coach use discretion.
15. All players may take the field and positions must be rotated. Safety considerations may preclude a player from positions closer to the batte